



CURRICULUM VITAE: **Ntombesintu Mfunzi**

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Ntombesintu Mfunzi
COUNTRY: R.S. A
DATE OF BIRTH: 1981/12/27
CLUB: Nedbank Running Club EPA
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Personal Bests

Event	Result	Venue	Date
10 Kilometers	34:35:00	Stellenbosch (RSA)	2009
Half Marathon	1:16:30	Port Elizabeth (RSA)	2011
Marathon	2:47:56	Cape Town (RSA)	2018
50km	3:40:33	Johannesburg (RSA)	2013

Bests Performances Two Oceans

2018 Two Oceans Marathon 56km 3:59:27 10th
2017 Two Oceans Marathon 56km 4:01:21 5th
2015 Two Oceans Marathon 56km 4:21:05 16th
2014 Two Oceans Marathon 56km 4:00:53 8th
2012 Two Oceans Marathon 56km 3:52:38 8th

Bests Performances 2021

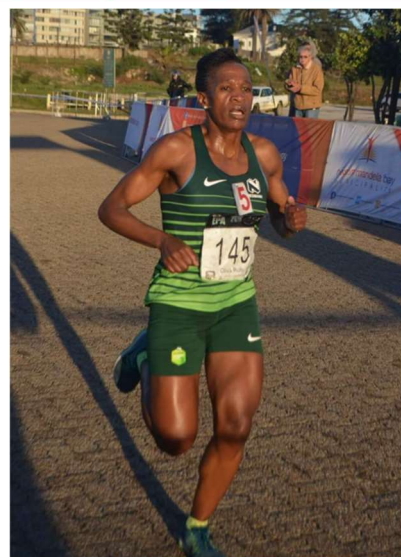
NMBM Legacy Series 1 Colchester, Port Elizabeth, 37:17, 4th
NMBM Legacy Series 2 Colchester, Port Elizabeth 36:56, 3rd

Bests Performances 2020

NMBM One City Marathon 02:53:41. 1st

Bests Performances 2019

IAU 50km WC Brasov (ROU) 3:44:23
Freedom Run 10km, Port Elizabeth 36:06, 5th
Cassie's 15km, Port Elizabeth 57:22, 1st
Nelson Mandela Bay Half Marathon, Port Elizabeth 1:20:05
HAJ Hannover Marathon, Hannover 2:48:53, 13th



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