



OM DIE DAM MARATHON 2020 MALE ATHLETES - CV'S 50KM



Nedbank Running Club - Administrative Head Office
Tel: (012) 541 0577
Fax: (012) 541 3752
www.nedbankrunningclub.co.za



CURRICULUM VITAE: EDWARD MOTHIBI



PERSONAL DETAILS

FIRST NAME / SURNAME:

Edward Mothibi

DATE OF BIRTH:

10 November 1984

CLUB:

Nedbank Running Club

NATIONALITY:

South African

EMAIL / CONTACT:

Edward.mothibi@implats.co.za / 0145690179 / 0837815475

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
21km	1:04	P.E -RSA	2010
Marathon	2:24	Soweto RSA	2018
Comrades	5:31	Durban RSA	2019
Two Oceans 56km	3:22	Cape Town	2017

Best Performances 2019

Deloitte Pretoria Marathon 02:29:50, 4th

Intercare Classic 21km 01:09:31, 2nd

Om die Dam 50km, 3:05:53

Comrades Marathon, 5:31:33, 1st

IAU 50km World Champs Romania, 2:49:49, 5th

Best Performances 2018

Comrades Marathon: 5:36, 4th

FNB 10km Joburg: 30:50, 9th

Soweto Marathon: 2:24, 6th

Akasia marathon: 2:29, 1st

Best Performances 2017

Two oceans marathon: 3:22, 17th

Mandela Marathon: 2:31, 9th

Soweto Marathon: 2:25, 9th



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CURRICULUM VITAE: Joseph Manyedi



PERSONAL INFORMATION

FIRST NAMES / SURNAME: Joseph Manyedi
COUNTRY: R.S.A
DATE OF BIRTH: 24 November 1982
CLUB: Nedbank Running Club AGN
EMAIL / CONTACT / TWITTER: 079 848 3788

PERSONAL BEST PERFORMANCES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
Half Marathon	1:06:25	Phalaborwa (RSA)	2019
50 km	2:55:37	Om die Dam (RSA)	2019

Comrades Marathon Results

2019	Up	05:44:34
2018	Down	06:43:04
2017	Up	06:59:49
2016	Down	06:44:56
2015	Up	07:14:40

Bests Performance 2019

Om die Dam 50km 2:55:37, 1st
 Tuks Bestmed (agn) 21km 1:09:23, 2nd
 Johnson Crane Hire Marathon (cga) 2:23:47, 1st
 Comrades Marathon Up Run, 5:44:34, 5th
 Phalaborwa Foskor 21km, 1:06:25, 2nd
 IAU 50km World Championship 2:51:46, 11th



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CURRICULUM VITAE: **Juan van Deventer**



PERSONAL DETAILS

FIRST NAME / SURNAME: Juan van Deventer
DATE OF BIRTH: 26 March 1983
CLUB: Nedbank Running Club AGN
NATIONALITY: South African
EMAIL / CONTACT / TWITTER: vandeventer.juan@gmail.com / 083 251 1730 / @juanvandeventer

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
800 Metres	1:47.44	Potchefstroom (RSA)	31 JAN 2003
1000 Metres	2:19.38	Roodeport (RSA)	28 MAR 2003
1500 Metres	3:34.30	New York, NY (USA)	30 MAY 2009
One Mile	3:51.31	Oslo (NOR)	06 JUN 2008
3000 Metres	7:41.06	Stockholm (SWE)	22 JUL 2008
5000 Metres	13:22.64	Stockholm (SWE)	06 AUG 2010
10,000 Metres	28:55.37	Stellenbosch (RSA)	03 APR 2009
10 Kilometres	29:02	Durban (RSA)	08 FEB 2009
15 Kilometres	45:21	Germiston (RSA)	07 APR 2013
Half Marathon	1:06:08	Cape Town (RSA)	30 MAR 2013

Best Performances 2019

Johnson Crane Hire Marathon 2:26:33, 3rd
 Jacaranda City Challenge (agn) 10km 31:01, 2nd
 Irene Spring (agn) 21km 1:08:37, 2nd
 Clicks Smu (agn) 10km 31:33, 1st
 Zwartkop (agn) 21km 1:12:26, 3rd
 Cape Gate Vaal Marathon 30:48, 3rd
 Dis-Chem Half Marathon 1:10:25, 5th



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CURRICULUM VITAE: Marko Mambo



PERSONAL DETAILS

FIRST NAME / SURNAME: Marko Mambo
DATE OF BIRTH: 1 March 1971
CLUB: Nedbank Running Club Zimbabwe
NATIONALITY: Zimbabwe
EMAIL / CONTACT :

PERSONAL BEST PERFORMANCES

2019

Comrades Marathon - Up Run (RSA) 5:48:30. 8th
 Matopos 33 Miler Ultra Marathon (ZIM) 33mi 3:21:40. 8th
 Om Die Dam 50km (RSA) 3:13:35. 18th

2018

Om die Dam 50km 2:59:12 1st
 Comrades Down run 05:37:49, 5th

Comrades Marathon

2019 Comrades Marathon - Up Run 89km 5:48:30 8th
 2018 Comrades Marathon - Down Run 89km 5:37:49 5th
 2017 Comrades Marathon - Up Run 89km 5:52:29 11th
 2016 Comrades Marathon - Down Run 89km 5:45:05 13th
 2012 Comrades Marathon - Down Run 89km 5:33:40 4th

Two Oceans 56km

2012 Two Oceans Marathon 56km 3:17:01 16th
 2010 Two Oceans Marathon 56km 3:19:27
 2009 Two Oceans Marathon 56km 3:10:53 2nd
 2008 Two Oceans Marathon 56km 3:11:35 1st
 2005 Two Oceans Marathon 56km 3:05:40 1st
 2004 Two Oceans Marathon 56km 3:07:42 1st



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OM DIE DAM MARATHON 2020 FEMALE ATHLETES - CV'S 50KM



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CURRICULUM VITAE: Tanith Maxwell



PERSONAL INFORMATION

FIRST NAMES / SURNAME: Tanith Maxwell
DATE OF BIRTH: 2 June 1976
CLUB: Nedbank Running Club
NATIONALITY: South African
EMAIL / CONTACT / TWITTER: t.foxmax@gmail.com / 081 747 8553 / @tanithmaxwell

Personal Bests

Event	Result	Venue	Date
10 Kilometres	34:01:00	Durban (RSA)	2009
Half Marathon	1:13:22	Port Elizabeth (RSA)	2010
Marathon	2:32:33	Berlin (GER)	2010

Comrades Marathon Results

2018 Down, 06:20:35, 4th

Two Oceans Marathon Results

2002	Half	1:22:27	8th
2003	Half	1:19:39	4th
2004	Half	1:18:06	3rd
2005	Half	1:21:01	6th
2010	Half	1:16:19	4th
2015	Ultra	3:45:19	3rd
2016	Ultra	3:45:55	2nd
2017	Ultra	3:55:37	3rd
2018	Ultra	3:49:49	4th



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CURRICULUM VITAE: COBIE SMITH



PERSONAL DETAILS

FIRST NAME / SURNAME: Cobie Smith
DATE OF BIRTH: 11 January 1985
CLUB: Nedbank Running Club CGA
NATIONALITY: South African
EMAIL / CONTACT / TWITTER: cobiesmith@yahoo.com / 083 476 7480

PERSONAL BEST TIMES

Distance	Time	Venue	Year
21.1km	1:22	Irene	2017
50km	3:28	Loskop	2019
90km	7:21	Comrades	2018
42km	2:51	Kaapsehoop	2019
32km	2:14	Tough One Randburg	2018
10km	38:26	Rainbow	2019

Best Performances 2019

Johnsons Crane Marathon 2:59, 1st
 Bobbies Half Marathon 1:25, 1st
 Manjoh 15km 59:41, 1st

Best Performances 2019

Pick n Pay Half Marathon 1:25, 1st
 Stamingro Edenvale Marathon 2:54, 1st
 Loskop 50km 3:28, 2nd
 Kaapsehoop Marathon 2:51, 3rd
 Rainbow 10km 38:26, 1st
 IAU African Championship



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