



OM DIE DAM MARATHON 2024 MALE ATHLETES - CV'S 50KM





CURRICULUM VITAE: EDWARD MOTHIBI

PERSONAL DETAILS FIRST NAME / SURNAME: Edward Mothibi DATE OF BIRTH: 10 November 1984 Nedbank Running Club CLUB: NATIONALITY: South African

PERSONAL BEST TIMES

Distance	Time	Venue	Year
21km	1:04	P.E RSA	2010
Marathon	2:13:54	Cape Town RSA	2021
50km	2:45:26	P.É RSA	2022
Comrades	5:17:34	Durban RSA	2023
Two Oceans 56km	3:22	Cape Town RSA	2017

Best Performances 2023

Nedbank Runified 50km 2:50:26, 13th Comrades Marathon (Down Run), 5:17:34, 3rd Phobians 15km, 50:33, 2nd Brooklyn 32km, 1:51:29, 3rd Sanlam Cape Town Marathon, 2:14:23

Best Performances 2022

Nedbank Runified 50km 2:45:26, 3rd Comrades Marathon (Down Run), 5:33:46, 2nd

Best Performances 2021

Nedbank Runified 50km 2:47:02, 10th Cape Town Marathon, 2:13:54, 13th

Best Performances 2020

Nedbank Runified 50km 2:47:02, 10th Intercare Classic (agn) 21km 1:07:41, 2nd Cape Town Marathon (Potch Race) 2:16:48, 1st







CURRICULUM VITAE: Dan Matshailwe Moselakwe

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Daniel Moselakwe

COUNTRY: R.S.A

CLUB: Nedbank Running Club D.O.B: 26 December 1993 NATIONALITY: South African

PERSONAL BEST TIMES

Distance	Time	<u>Venue</u>	<u>Year</u>
10km	30:37	Northwest (RSA)	2021
Marathon	2:14:06	Cape Town (RSA)	2021
50km	2:43:45	Port Elizabeth (RSA)	2021

Personal Performances 2023

Two Oceans 56km, 3:10:18, 2nd Soweto Marathon, 2:24:29

Personal Performances 2022

Nedbank Runified 50km, 2:50:58, 8th Comrades Marathon (Down Run), 5:36:25, 3rd Durban International Marathon, RSA, 2:17:21, 6th

Personal Performances 2021

Nedbank Runified 50km, 2:43:45, 7th Cape Town Marathon, 2:14:06, 14th Northwest Provincial 10km Champs, Tsitsing 30:37, 2nd

Personal Performances 2020

Om die Dam 50km, 3:03:15, 7th Tuks Bestmed Marathon, 2:33:33, 4th

Personal Performances 2019

Om Die Dam 50km, 2:57:46, 5th Bela Bela Superspar (lima) 21km 1:10:40, 1st Tuks Bestmed (agn) 21km 1:11:30, 5th











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CURRICULUM VITAE: JOSEPH MANYEDI

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Joseph Manyedi

COUNTRY: R.S.A

DATE OF BIRTH: 24 November **1982** CLUB: Nedbank Running Club

CONTACT: 079 848 3788

PERSONAL BEST PERFORMANCES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	Year
Half Marathon	1:06:25	Phalaborwa (RSA)	2019
50 km	2:47:37	PE (RSA)	2021
Comrades	5:29:34	Durban (RSA)	2023

Comrades Marathon Results

2019	Up	05:44:34
2018	Down	06:43:04
2017	Up	06:59:49
2016	Down	06:44:56
2015	Up	07:14:40

Bests Performance 2023

Comrades Marathon - Down Run (RSA) 87km, 5:29:49, 10th Nedbank Ultra Marathon Runified 50km, 2:49:23, 10th

Bests Performance 2022

Nedbank Runified 50km 2:51:20, 9th Comrades Marathon Up Run, 5:44:57, 7th

Bests Performance 2021

Nedbank Runified 50km 2:47:52, 12th Cape Town Marathon, 2:21:41

Bests Performance 2020

Om die Dam 50km 3:04:44, 9th Tuks Bestmed (agn) 21km 1:09:46, 2nd













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CURRICULUM VITAE: Tete Morena Dijana

PERSONAL DETAILS FIRST NAME / SURNAME: Tete Dijana

DATE OF BIRTH:

CLUB: Nedbank Running Club

NATIONALITY: South African

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
5000 Metres	14:48.23	Durban (RSA)	2011
Half Marathon	1:05:46	Port Elizabeth (RSA)	2021
50km	2:39:04	Port Elizabeth (RSA)	2023
Marathon	2:13:24	Cape Town (RSA)	2023
Comrades	5:13:58	Durban (RSA)	2023

Best Performances 2023

Nedbank Runified, 50km, 2:39:04, 1st Comrades Marathon (Down Run), 5:13:58, 1st Phobians 15km, 50:34, 3rd Brooklyn 32km, 1:54:23, 4th Cape Town Marathon, 2:13:24, 10th

Best Performances 2022

ACNW Open T&F Meeting 5000m, Potchefstroom, 15:01.60, 3rd Nedbank Runified 50km 2:44:09, 2nd Comrades Marathon (Down Run) 5:30:35, 1st

Best Performances 2021

Nelson Mandela Bay Half Marathon, Port Elizabeth RSA, 1:05:46

Best Performances 2019

Comrades Marathon (Up Run) 6:25:03







CURRICULUM VITAE: Johannes Makgetla

PERSONAL DETAILS
FIRST NAME / SURNAME: Johannes Makgetla DATE OF BIRTH: 11 May 1982

CLUB: Nedbank Running Club NATIONALITY: South African

EMAIL: Dave.adams.sa@gmail.com

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
Half Marathon	1:13	Johannesburg	2021
Marathon	2:21:14	Cape Town	2021
50km	2:58	Mpumalanga	2019
Comrades	5:41	Durban	2022

Best Performances 2023

Comrades Marathon - Down Run (RSA) 87km, 5:23:34, 6th 50Km Nedbank Ultra Marathon Runified 50km, 2:50:56, 15th

Best Performances 2022

Comrades Marathon 5:41:36, 5th

Best Performances 2021

Sanlam Cape Town Marathon, 2:21:14

Best Performances 2020

Intercare Classic 21km, 1:16:26 Deloitte Marathon 42km, 2:39

Best Performances 2019

Sanlam Cape Town Marathon, 2:36 Loskop 50km, 2:58 Comrades Marathon, 6:25







CURRICULUM VITAE: Chales Soza

PERSONAL DETAILS

FIRST NAME / SURNAME: Chales Soza

DATE OF BIRTH: 1983

Nedbank Running Club CLUB:

NATIONALITY: Zimbabwe

PERSONAL BEST PERFORMANCES

Event	Result	Venue	Date
10000m	30:16.8h	Harare (ZIM)	2005
10km	31:00	Pretoria (RSA)	2005
15km	47:19	Emmen (NED)	2006
Half Marathon	1:03:52	Haarlem (NED)	2003
Marathon	2:18:49	Bulawayo (ZIM)	2013

PERSONAL PERFORMANCES 2023

George Claassen (agn) 10km, 32:59, 3rd Intercare Classic (agn) 21km, 1:12:15, 5th
Bestmed Tuks (agn) 21km, 1:11:50, 8th Irene Running Festival (agn) 21km, 1:08:55, 2nd Green Mile (agn) 16mile, 1:37:06, 1st Tracn4 Elands Marathon (mpu) 42km, 2:21:40, 3rd Loskop Marathon 50km, 2:56:10, 3rd Fedhealth Platinum Trail Run Champs 24km, 1:27:48, 1st Econet Victoria Falls Marathon 42km, 2:28:59, 10th Red Star Marathon (Delmas) 42km, 2:37:41, 1st

PERSONAL PERFORMANCES 2022 Sasol Sasolburg (avt), 21km, 1:09:51, 1st Marakele Marathon (lima), 42km, 2:42:26, 1st Sasol (secunda) (mpu) 42km, 2:24:53, 1st Mmc 5 In 1 (mpu) 32km, 1:53:30, 1st











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OM DIE DAM MARATHON 2024 FEMALE ATHLETES - CV'S 50KM





CURRICULUM VITAE: Galaletsang Mekgoe

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Galaletsang Mekgoe COUNTRY: South Africa DATE OF BIRTH: 1995/10/17

CLUB: Nedbank Running Club

EMAIL: mekgoegalaletsang95@gmail.com

CONTACT: 065 552 7849

Best Performances 2024 Runified 50km, 3:35:56, 6th

Best Performances 2023

Nedbank Runified 50km 3:33:23, 11th Comrades Marathon (Down Run), 6:31:19, 11th

Best Performances 2022

Nedbank Runified 50km 3:30:24, 7th Comrades Marathon (Down Run), 6:42:53, 5th Soweto Half Marathon, 1:25:42, 3rd

Best Performances 2021

Spar Ladies Pietermaritzburg, 39min Spar Ladies Pretoria. 39min Spar Ladies Johannesburg, 38min Northwest provincial 10km champs, 38mins, 1st

Best Performances 2020

Intercare classic 21km, 1hr 27mins, 2nd ANWN Provincial champs 10km Tsitsing position, 38mins, 1st

Best Performances 2019

Intercare classic 21km, 1hr28min, 2nd Irene ultra 21km, 1hr26min, 2nd FNB City Run Joburg 10km, 38min, 10th











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CURRICULUM VITAE: Adele Broodryk

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Adele Broodryk

COUNTRY: R.S.A. DATE OF BIRTH: 1990/09/20

CLUB: Nedbank Running Club AGN EMAIL: della2001@gmail.com CONTACT: (082) 647 8035

INSTAGRAM: del_run

FACEBOOK: Adele Broodryk - runner

Personal Bests

Event	Result	Venue	Date
10km	34:49	Durban (RSA)	2022
Half Marathon	1:22:16	Port Elizabeth (RSA)	2015
Marathon	2:47:54	Cape Town (RSA)	2021
Two Oceans 56km	3:46:35	Cape Town (RSA)	2022
Comrades Marathon	6:26:35	Durban (RSA)	2022

Bests Performances 2024

Peninsula Marathon. 2:46:46, 1st

Bests Performances 2023

Bert's Bricks Half Marathon 1:18:30, 1st Nedbank Runified 50km, 3:18:03, 7th Om Die Dam 50km, 3:31:10, 1st Two Oceans 56km, 3:53:27, 8th Comrades 90km Downrun 5:56:26, 2nd

Bests Performances 2022

Comrades 90km Downrun 6:26:35, 3rd Om-die-Dam Ultra Marathon 50km 3:23:48, 1st N12 Ultra-Marathon 46.5km 3:08:34, 2nd Two Oceans Ultra-marathon 56km 3:46:35, 6th Motsepe Half-Marathon 1:21:42, 3rd Dischem Half-marathon 1:24:07, 3rd Spar Grand Prix Series 10km Port Elizabeth - 35:20, 17th Spar Grand Prix Series 10km Durban – 34:48, 15th













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CURRICULUM VITAE: Slindile Chili

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Slindile Chili COUNTRY: South Africa DATE OF BIRTH: 1994/07/03

CLUB: Nedbank Running Club

Personal Best Perfomnces

Discipline	Performance	Venue	Date
10,000m	38:44.21	Stellenbosch (RSA)	2015
10km	37:05	Durban (RSA)	2014
Half Marathon	1:22:28	Mount Edgecombe (RSA)	2014
Marathon	2:57:21	Mossel Bay (RSA)	2019
Maratrion	2.07.21	Wooder Bay (110/1)	2010

Best Performances 2024

Runified 50k, 3:32:13, 2nd

Best Performances 2023

Brooklyn Road Race Half Marathon, 1:30:10, 7th SA Run 4 Cancer 48km Ultra Marathon, 3:26:01, 3rd

Best Performances 2022

Durban City Marathon, Durban, RSA, 3:00:56, 1st

Best Performances 2021

KZNA 10000m League, Durban, RSA, 39:53.34, 4th KZNA Ch., Durban, RSA, 39:41.52, 4th Prince Mangosuthu Ultra Marathon, 4:08:46, 4th

Best Performances 2019

Petro SA Marathon, Mossel Bay, RSA, 2:57:21, 6th



