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CURRICULUM VITAE: **Onalenna Khonkhobe**

**PERSONAL DETAILS**

**FIRST NAME / SURNAME:** Onalenna Khonkhobe

**DATE OF BIRTH:** 29 April 1996

**CLUB:** Nedbank Running Club

**NATIONALITY:** South African

**PERSONAL BEST TIMES**

**Distance Time Venue Year**

3000m 8:56.63 Potchefstroom (RSA) 2021

10km 29:42 Preotia (RSA) 2024

Half Marathon 1:03:13 Johannesburg (RSA) 2022

Marathon 2:18:36 Soweto (RSA) 2025

50km 2:39:41 Port Elizabeth (RSA) 2023

**Best Performances 2025**

Pirates Half Marathon, 1:08:45, 4th

Biogen Half Marathon, 1:08:59

**Best Performances 2024**

Dischem Half Marathon, 1:05:41, 1st

Two Oceans 56km, 3:09:30, 1st

ABSA RYC 10km Tshwane, 29:42

ABSA RYC 10km JHB, 30:47

Soweto Marathon, 2:18:36, 1st

**Best Performances 2023**

SA Run4Cancer 48km, 2:37:57, 1st

Comrades Marathon - Down Run (RSA) 87km, 5:59:08

Nedbank Runified 50km, 2:39:41, 2nd

**Best Performances 2022**

Nelson Mandela Bay Half Marathon, Gqeberha RSA, 1:03:13

Race to Equality, Johannesburg, 1:10:04, 8th

Klerksdorp Marathon, 2:22:19, 1st

Two Oceans 56km, 3:12:57, 6th

**Best Performances 2021**

ACNW Open T&F Meeting, McArthur Stadium, Potchefstroom 8:56.63, 6th

ACNW Open T&F Meeting, McArthur Stadium, Potchefstroom 9:07.55, 4th

Nelson Mandela Bay Half Marathon, Port Elizabeth 1:06:46