



CURRICULUM VITAE: **Patience Murowe**

PERSONAL DETAILS

FIRST NAME / SURNAME: Patience Murowe
DATE OF BIRTH: 28 Augustus 1988
CLUB: Nedbank Running Club
NATIONALITY: Zimbabwe
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PERSONAL BEST

Event	Result	Venue	Date
10 km Road	34:04	Port Elizabeth (RSA)	2019
21 km Road	1:15:55	Harry Gwala	2016

PERSONAL PERFORMANCES 2020

Phobians Pretoria (agn) 21km 1:26:01

PERSONAL PERFORMANCES 2019

Deloitte Pretoria (agn) 21km, 1:24:50
Two Oceans 21km 1:19:02, 7th
Spar Ladies PE 34:04, 8th
Spar Ladies CT 35:29
Spar Ladies Durban 34:27, 10th
Spar Ladies Pretoria 36:45, 10th

PERSONAL PERFORMANCES 2018

Outsurance Kfm Gun Run (wp) 21km, 1:17:39
Spar Womens Race (agn) 10km, 37:33
Old Mutual Two Oceans (wp) 21km, 1:17:33

PERSONAL PERFORMANCES 2017

1st, Johnsoncrane 21km, 1:18:29
1st, Deloitte 21km, 1:20:26
Spar Ladies Cape Town (wp), 10km, 35:27



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