



## CURRICULUM VITAE: Tadu Teshome Nare

### PERSONAL DETAILS

**FIRST NAME / SURNAME:** Tadu Teshome Nare  
**DATE OF BIRTH:** 9 June 2001  
**CLUB:** Nedbank Running Club  
**NATIONALITY:** Ethiopia  
**EMAIL:** [thomassw2002@yahoo.com](mailto:thomassw2002@yahoo.com)  
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### PERSONAL BEST

Event	Result	Venue	Date
800 Metres	2:06.36	Assela (ETH)	2017
1500 Metres	4:21.2h	Addis Abeba (ETH)	2020
10 Kilometres	32:34	Durban (RSA)	2019
Half Marathon	1:09:57	Ras Al Khaimah (UAE)	2020

### PERSONAL PERFORMANCES 2021

Olympic candidate trial competition 1500m (ETH) 4:23, 4th

### PERSONAL PERFORMANCES 2020

Ethiopian Clubs Competition 1500m (ETH) 4:21, 2nd  
Ras Al Khaimah Half Marathon (UAE) 1:09:57, 12th

### PERSONAL PERFORMANCES 2019

Spar Ladies Port Elizabeth 32:38, 2nd  
Spar Ladies Cape Town 32:56, 3rd  
Spar Ladies Durban 32:38, 2<sup>nd</sup>  
SA Half marathon championship 1:10:20, winner  
Spar Ladies Pretoria 34:13, 2<sup>nd</sup>  
Spar Ladies Pietermaritzburg 33:06, 2nd



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