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| **Profile of Thandokwakhe Ngcobo** |
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| **DOB**:1980/10/29 |
| **Club** : Entsika AC |
| **Coach** : Hendrick Ramaala |
| **Personal Bests**: |
| 2002 RAC 5km: 16:33 |
| 2002 Soweto 15km :47:49 |
| 2013 City to City 50km: 3:08:20 |
| 2014 Allan Rob 32km: 1:47:46 |
| 2014 Old Ed's 21km : 1:11:34 |
| 2014 RAC 10km: 33:27 |
| 2018 Comrades Marathon: 5:53:06 |
| 2018 Cape Town Marathon: 2:24:31 |
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| **Marathon Races** |
| 2018 Edenvale Mararhon 2:31:31 |
| 2018 Cape Town Marathon 2:24:31 |
| 2019 Township to Township Marathon 2:34:31 |
| 2020 NMB Marathon : 2:26:02 |
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| **Comrades Marathon** |
| Comrades Marathon - 6:30:58 |
| Comrades Marathon - 5:53:06 |