



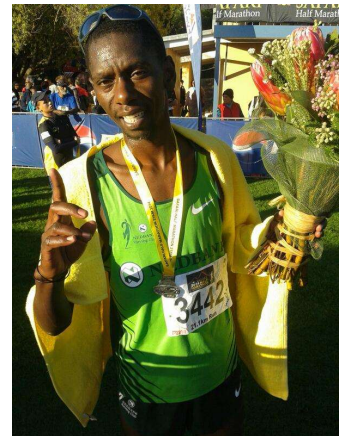
## CURRICULUM VITAE: **Xolisa Tyali**

### **PERSONAL DETAILS**

**FIRST NAME / SURNAME:** Xolisa Tyali  
**DATE OF BIRTH:** 2 December 1988  
**CLUB:** Nedbank Running Club  
**NATIONALITY:** South Africa  
**CONTACT:** 076 317 1254

### **PERSONAL BEST**

Event	Result	Venue	Date
10,000m	28:27.10	Leiden (NED)	2016
5km	14:45	Johannesburg (RSA)	2017
10km	29:03	Kimberley (RSA)	2012
12km	35:39 *	Cape Town (RSA)	2015
15km	47:04	Johannesburg (RSA)	2010
Half Marathon	1:01:58	Port Elizabeth (RSA)	2009
Marathon	2:13:20	Cape Town (RSA)	2017



### **PERSONAL PERFORMANCES 2020**

Johnson Crane Hire Half Marathon 1:07:48, 2nd

### **PERSONAL PERFORMANCES 2019**

FNB Joburg 10K Cityrun 32:02  
South African Champs 10km 31:16

### **PERSONAL PERFORMANCES 2018**

Germiston 29:43, 4th  
Germiston Central Gauteng Germiston 30:55, 1st

### **PERSONAL PERFORMANCES 2017**

Half Marathon Port Elizabeth (RSA), 1:04:07  
2nd Gert Sibande - Times Missing (mpu) 21km, 1:05:48



**NEDBANK RUNNING CLUB** | ADMINISTRATIVE OFFICE

Office: (012) 541 0577 Fax: (012) 541 3752 [www.nedbankrunningclub.co.za](http://www.nedbankrunningclub.co.za)

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